

# MORNING SNACK / BREAKFAST

Please tick 1 Item from Choice 1 and 1 Item from Choice 2 per day.

## CHOICE 1

Please tick 1 item per day

	Mon	Tue	Wed	Thu	Fri
Glenisk Yoghurt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brown Pancake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cheese Dip	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Soft Cheese	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Edam Cheese Piece	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sliced Apple	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Apple & Carrot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Apple & Blueberries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Melon Pot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Melon & Pineapple	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Seasonal Fruit Pot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Popcorn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## CHOICE 2

Please tick 1 item per day

	Mon	Tue	Wed	Thu	Fri
Oatie Crunch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bread Sticks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yogurt Rice Cake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Plain Rice Cake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Jacobs Crackers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Strawberry Yoghurt Tube	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Banana	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Apple	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Satsuma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brown Plain Scone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brown Fruit Scone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Not available on this day

# HOT LUNCH (MONDAY - FRIDAY)

Please tick 1 Item from MAIN 1, MAIN 2, MAIN 3, MAIN 4 or MAIN 5.

## MAIN 1

or

## MAIN 2

or

## MAIN 3

or

## MAIN 4

or

## MAIN 5

(VEGAN/VEGETARIAN)

	MAIN 1	or	MAIN 2	or	MAIN 3	or	MAIN 4	or	MAIN 5
<b>MONDAY</b>	Roasted Breast of Chicken, Seasonal Vegetables & Mash Add Gravy <input type="checkbox"/> <input type="checkbox"/>	or	Classic Meatballs in Tomato Arrabbiata Sauce, Carrots & Fusilli Pasta <input type="checkbox"/>	or	Mild Chilli Con Carne, Rice, Carrots & Peas <input type="checkbox"/>	or	Chicken & Pasta Bake <input type="checkbox"/>	or	Tuscan Bean Chilli, Rice & Broccoli <input type="checkbox"/>
<b>TUESDAY</b>	Baked Ham, Beans & Mashed Potato Add Gravy <input type="checkbox"/> <input type="checkbox"/>	or	Chicken Tenders, Savoury Potato Cubes & Mixed Vegetables <input type="checkbox"/>	or	Traditional Chicken Curry, Peppers with Fluffy Rice <input type="checkbox"/>	or	Sausages, Potato Cubes & Baked Beans <input type="checkbox"/>	or	Vegan Fish Fingers, Beans & Sweet Potato Wedges <input type="checkbox"/>
<b>WEDNESDAY</b>	Roast Beef, Carrots & Mashed Potato Add Gravy <input type="checkbox"/> <input type="checkbox"/>	or	Beef Lasagne, Carrots & Peas <input type="checkbox"/>	or	Chicken Pasta in Rich Tomato Sauce & Broccoli <input type="checkbox"/>	or	Chicken Tikka & Rice <input type="checkbox"/>	or	Classic Meatballs in Tomato Arrabbiata Sauce, Carrots & Fusilli Pasta *Meatless <input type="checkbox"/>
<b>THURSDAY</b>	Roast Chicken, Mixed Vegetables & Mashed Potato add Gravy Add Gravy <input type="checkbox"/> <input type="checkbox"/>	or	Beef Bolognese, Carrots with Fusilli Pasta <input type="checkbox"/>	or	Mild Chicken Korma & Peppers with Fluffy Rice <input type="checkbox"/>	or	Traditional Beef Casserole & Potatoes <input type="checkbox"/>	or	Meatless Sausages, Parsnips & Sweet Potato <input type="checkbox"/>
<b>FRIDAY</b>	Roast Breast of Turkey, Parsnips, Carrots & Mashed Potato Add Gravy <input type="checkbox"/> <input type="checkbox"/>	or	Baked Fish Fingers, Beans & Sweet Potato <input type="checkbox"/>	or	Beef Lasagne, Carrots & Peas <input type="checkbox"/>	or	Traditional Chicken Curry, Peppers & Fluffy Rice <input type="checkbox"/>	or	Potato, Cauliflower & Spinach Aromatic Curry <input type="checkbox"/>